



ACI Hearing & Balance Center  
Balance / Dizziness Instruction Sheet  
103 Saint Thomas Street  
Lafayette, LA 70506  
337-235-6601

Patient: \_\_\_\_\_ Referred by: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

Your physician has scheduled you to undergo testing for your complaints and/or symptoms. Please read the following information prior to coming in for your appointment. Also, you will receive a questionnaire either from your Doctor or in the mail: be SURE to fill it out and **BRING** it with you to your appointment.

Certain medications that you may be taking can adversely affect the results of the testing and either hide the problem or indicate a problem area where none actually exists. **It is necessary that you discontinue (stop) the use of the following medications three (3) days prior to the day of your test.**

Anti-dizzy medicines (Meclizine, Antivert)  
Antihistamines  
Barbiturates  
Tranquilizers (Nerve medicines)  
Decongestants  
Aspirin  
Sleeping Pills  
Alcohol  
Some pain medications  
ALL Caffeine

*If you have questions about a specific medication, please ask your physician whether or not you should stop taking the medicine before the test.*

Please **do NOT eat or drink** anything but water or fruit juice after midnight of the morning of your scheduled test. If you are scheduled for testing in the afternoon, you may eat a very light early breakfast.

Please do **NOT wear contacts** for the test. Please do **NOT wear eye makeup**. Please dress in pants / shorts.

**Cost of testing:** The charge of the balance function test will range from \$350.00-\$435.00, depending on the tests required. We accept most insurance companies: you are responsible for all payment. The entire test takes about 1-1 1/2 hours.

Please feel free to bring someone with you in the event you are not comfortable driving after the completion of the test.

**Directions:** We are located at **103 Saint Thomas Street, Lafayette, LA 70506**. If you are coming from Johnston and University: from Johnston, take a right on St. Mary, a Left on St. Landry, take a Right on St. Thomas and we are immediately on your left. If you are coming from Cajun Dome Blvd and Johnston: from Johnston take a Left on St. Julien, a Left on St. Landry, an immediate Left on St. Thomas and an immediate Left into our parking lot.

Forms: Please visit [www.acihearing.com](http://www.acihearing.com) and go to “Forms” if you would like to fill out your patient information and Balance Questionnaire prior to your visit. Please arrive 15 minutes prior to your appointment time.